



ENERGY
FITNESS

Experience the Energy

OPEN HOUSE

EXPERIENCE FITNESS REIMAGINED!





Rockville Centre | Huntington | Northport | Saint James | Miller Place

We're opening our doors for a full week of **fun, fitness, and community**. Enjoy free access, explore local vendor booths, enter raffles, and connect with the most supportive fitness family around.

Guests are welcome to come sweat, sample, and socialize — on us. No membership required to join the fun.



SPECIAL EVENTS ALL WEEK!

-  September 22 - 27, 2025
-  8:30-11:30 AM Local Vendors & Giveaways
-  Open Gym + Classes All Day
-  All Energy Fitness Locations

www.energyfitness.com