

Tuesday, September 15 is officially...

PINKtember 15th

Mercy Hospital is kicking off Breast Cancer Awareness month with a **PINKtacular** event.

**Mercy Hospital front lawn,
under the tent**

12 – 2 pm, rain or shine

- Physician discussions and meet-and-greets.
- On-site mammography screening.
- Breast health resources and community partners.
- Giveaways and refreshments.

**All are welcome: survivors, caregivers, patients,
employees, families, community and more!**

Don't forget to wear pink!



**Catholic
Health**
Mercy Hospital

Events:

Tug of War Challenge (1-2 pm)

- Coed teams of five.
- Participants receive a T-shirt.
- Prizes for winners.
- **To register, email elizabeth.schwind@chsli.org.**

Fitness for Fighters

- Strength and stretch sessions with former News 12 LI anchor **Elizabeth Hashagen**, motivational speaker, wellness leader and leadership expert.
- Join any session: 12:15 pm, 12:30 pm, 12:45 pm and 1 pm.
- Yoga mats and bands provided; first come, first served.



For more information,
contact elizabeth.schwind@chsli.org

1000 North Village Avenue
Rockville Centre, NY 11570
(516) 705-2525